

MENTARCISE



NLP

Practitioner



About NLP-Practitioner

NLP stands for Neuro-Linguistic Programming, a name that encompasses the three most influential components involved in producing human experience: neurology, language and programming.

The neurological system regulates how our bodies & minds function, language determines how we interface and communicate with other people and our programming determines the kinds of models of the world we create. Neuro-Linguistic Programming describes the fundamental dynamics between mind (neuro) and language (linguistic) and how their interplay affects our body and behavior (programming).

NLP, or Neuro-Linguistic Programming, is the art and science of excellence, derived from studying how top people in different fields obtain their outstanding results, so you can achieve them too.

The program is accredited and following the standards of:

ABNLP - American Board of Neuro-Linguistic Programming
www.abh-abnlp.com/

ECNLP - European Community for
Neuro-Linguistic Programming www.ecnlp.eu/



Why attend 'NLP Practitioner Training' with Mentarcise ?

During the program

- Deal with the unexpected more easily
- Gain insights into how others think
- Resolving Internal Conflicts and Decision Strategies
- How to manage your emotional state and choose how you feel despite any situation
- Bringing Limiting Beliefs & Structure into Conscious awareness for transformation
- Enhance your relationships
- Find out how people motivate themselves (and don't!).
- Identify what drives people to behave in certain ways and to change it.
- Feel better, without having to have a reason
- Develop the kind of presence that inspires others
- Acquire the edge you need to succeed



Topics covered

- What Coaching is
- What NLP is , And history of NLP
- Cause and effect
- prime directives of the unconscious mind
- Presuppositions of NLP
- 4 pillars of success
- Creating impact and Ecology checking
- Sensory Acuity
- Rapport
- Creating maps of reality
- Representational systems
- Communication model
- Perceptual Positions
- Submodalities
- like to dislike
- Swish Pattern
- Developing and modifying strategies
- Love Strategies
- Future Pace
- Pattern Interrupt
- Language patterns
- Chunking and the Hierarchy of Thought
- Surface to Deep Structure Metaphors
- Presuppositions in Language
- Milton Model
- Meta Model
- Frames and Reframing
- Parts and Parts Integration
- Anchoring – including, kinesthetic, auditory, visual.
- Working with Phobia – including double dissociative method



About the Trainer

Moamen El Magedy

MCC | MSc Psychology | Founder & CEO of Mentarcise

Moamen El Magedy is an accomplished Business Consultant, Trainer and Entrepreneur with over 20 years of hands-on experience and an unwavering passion for people development.

Throughout his career, Moamen has collaborated with leading multinational organizations such as Orange, BlackBerry, Elsevier, and Frankfurt Business School, among others. He has successfully trained and mentored thousands of professionals across different sectors, helping them achieve measurable growth and transformation in their personal and professional journeys.

Credentials & Certifications

- MCC Coach (International Coaching Federation – ICF)
- MSc Psychology | Liverpool John Moores University
- ICF Assessor (International Coaching Federation – ICF)
- IFS Practitioner (Internal Family Systems Institute)
- IFS Assistant Practice Guide – IFS Foundations for Coaches
- Professional Certified Trainer (The American University in Cairo)
- NLP Trainer (APC International, ENCLP)
- Certified Positive Psychology Practitioner (ICF – International Coaching Federation)
- Certified Instructional Designer (Mentarcise)



Moamen El Magedy

About the Trainer

Subconscious Mind Specialist, Author, & Certified NLP Trainer

Dr. David Fahmy offers a unique synergy of scientific background and extensive field experience. With a professional career spanning over 21 years in the corporate and pharmaceutical market, he possesses a profound understanding of human dynamics and professional challenges.

For over a decade, **Dr. David** has dedicated his expertise to the field of human transformation. He is a certified specialist with multiple diplomas in Neuro-Linguistic Programming (NLP), Hypnotherapy, and Life Coaching, along with advanced mastery of the PEAT technique for emotional and psychological balance.

As the author of the acclaimed book "Then I Realized" (ثم أدركت), he explores the depths of the self and the intricacies of human relationships. Having empowered hundreds across the Arab world, **Dr. David** bridges the gap between scientific methodology and the art of coaching, providing practical tools to reprogram the subconscious mind for lasting personal and professional excellence.



Dr. David Fahmy

Program Information



Delivery
Online (Zoom)



Date
10 May - 21 June 2026



Schedule
12 Training session Sunday & Tuesday
6:30 - 9:30 PM (Cairo Time)

MAY

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JUNE

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Certificate Sample

MENTARCISE



Certificate of Completion

This is to certify that

Name Goes Here

Has successfully completed an NLP Practitioner Certification Training and has satisfactorily achieved all the relevant criteria with regard to knowledge, skills and ethical behavior and is now to be certified as:

'NEURO LINGUISTIC PROGRAMMING PRACTITIONER'

22 June - 12 Aug, 2029



M.Moamen El Magedy

Cp001

MENTARCISE



📍 Business Center, Sharjah, UAE

📞 +971 58885 6066

📍 4b El Nozha St. Cairo, Egypt

📞 +2 010 10000 815

📍 Park Plaza, Sweifieh, Amman, Jordan.

📞 +962 7 9196 8142

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PEOPLE**

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